

FREQUENTLY ASKED QUESTIONS

Does our Movement Ambassador need to be a physical education specialist?

No – the Movement Ambassador does not need to have background in physical education. What they will need, however, is an understanding of the value of movement and how it helps children learn, develop and be happier.

How much time commitment is needed of our Movement Ambassador?

This will depend on the Movement Ambassador. We give as much flexibility as possible because we know you have a lot on your plate.

In general, we would like for Movement Ambassadors to attend one three-hour training to learn about Move to Learn and connect with other Movement Ambassadors, role model movement in the school and work with the Regional Support to implement programs based on a school's needs.

It doesn't necessarily need to be you implementing as well (and shouldn't only be on you). We can get creative with this and provide examples from other schools/districts.

We have limited time to implement more programs. Can we implement individual components of the Move to Learn?

Yes. We are very flexible and want MOVE to Learn to suit your needs.

We have an idea for a movement initiative that is not indicated in the information package. Are we able to implement a new idea?

Yes. We encourage new ideas and will support them as best we can. If you have any other ideas that you would be interested in implementing, or would like to modify any of the services below, please contact us.

Can the workshops be shortened to fit each teacher's schedule?

Yes. Because the workshops were created by modules, this allows us to be quite flexible in their delivery. As a result, we are able to work around each teacher's schedule.

Can we modify the workshops to a topic of our choice?

If there is a topic you would like to learn more about, let us know. We can work to build a workshop that will benefit a school's particular needs and interests.

Are there ways to subsidize the program?

If funding is a potential barrier for implementing Move to Learn in a school, we invite you to connect with us. We can look at other funding sources through grants, bursaries and community partners.