

SPORT PERFORMANCE

Regional Alliance members each contribute to the high performance pathway by providing innovative training programs, educational workshops, and specialized services to support athlete development and performance along the Long Term Athlete Development (LTAD) model.

THIS YEAR'S HIGHLIGHTS INCLUDE:

- Supported athletes in the train to train, train to compete and train to win stages with 164 events, workshops and speaker series
- Provided services to registered athletes in 17 home communities
- Offered educational workshops and sessions to 5,861 participants
- Enabled registered athletes to train at no cost in their local facilities through 174 Gymworks partnerships
- Facilitated access to world class facilities and expert sport consultants for 10 para-athletes through the brand new National Para-Rowing training centre at PISE
- Ensured B.C.'s high performance athletes were supported with access to high quality coaches, adequate funding and world class venues through Nordic Development Centre, created by Whistler Sport Legacies
- Affiliated athletes of Canadian Sport Institute Pacific, accounted for 50% of the medals won by Team Canada at the Rio 2016 Olympics and 24% of the medals won by Canadian athletes at the Rio 2016 Paralympics

VALUES

EXCELLENCE | INTEGRITY | LEADERSHIP

COLLABORATION INNOVATION

BARRIER FREE ACCESSIBILITY



VIASPORT REGIONAL ALLIANCE 2016-17 HIGHLIGHTS

THINK PROVINCIALY, ACT LOCALLY



The viaSport Regional Alliance is a collective of provincial multi-sport delivery organizations passionate about enriching lives and energizing communities via sport and physical activity across B.C.

Individually, each partner is recognized as a leader for athlete, coach, and community sport services in their region, but collectively, the group forms a powerful network of resources and expertise that shapes a streamlined sport delivery system across the province.

Each organization is proud to play the role of community connector while delivering exceptional programming to ensure that all British Columbians have equitable access to quality sport and physical activity opportunities.

PHYSICAL LITERACY

Physical literacy provides the foundation for life long participation in sport and physical activity. Specifically, children need to develop the ability to move with competence and confidence in a wide range of activities.

This year the Regional Alliance partnered with local sport clubs, recreation centres, schools and community groups to reach nearly 60,000 participants in over 60 communities across the province. As a collective, they hosted 1,081 programs, covering all stages of the Long Term Athlete Development (LTAD) Pathway.

EXAMPLES OF PROGRAMS THAT DEVELOP PHYSICAL LITERACY:

XploresportZ	Kidsmove
Active Star	Fundamental Movement Skills
Tiny tots	Training
Run Jump Throw Wheel	PlaySkills

2016/17 STATISTICS AND ACHIEVEMENTS:

- Equipped and trained over 55 elementary school teachers to provide physical literacy mentorship to over 300 teachers across British Columbia.
- Hosted 266 multi-sport development courses with over 13,000 participants.
- Engaged nearly 2,000 students in afterschool programming.
- Delivered over 25,000 hours of organized physical activity programs in 11 Northern B.C. communities through Engage Sport North.
- Expanded the existing Read to Succeed program and partnership between PacificSport Fraser Valley and the Vancouver Giants to create Jack the Giant's Literacy Challenge. This program, which now includes a physical literacy component, was a resounding success involving over 30 schools, 3,000 students (K-7) and provided teachers with appropriate activities that align with the Physical Education and Health curriculums.
- Developed the first physical literacy enriched program for children who use power chairs at PISE.

COACH DEVELOPMENT

Each Regional Alliance member plays a crucial role in leading the delivery of professional development for sport leaders, including development of coaches through the delivery of the National Coaching Certification Program (NCCP) across B.C. This year's results are as follows:

- Impacted 4,924 participants through 304 courses and workshops across 32 communities of which, 53% of course and workshop participants were female.
- Offered 43 NCCP courses during National Coaches Week with 485 participants attending.
- Supported 17 coaches with \$80,000 in salaries, ancillary coach support and athlete travel through PacificSport Interior BC's coach development grant in partnership with the Kamloops Sports Legacy Fund.
- Provided expert information, hands on training and interactive seminars on sport development and performance to coaches, sport administrators and practitioners through PacificSport Okanagan's 14th annual Sport Conference.

ADVANCING INCLUSION

The viaSport Regional Alliance members are committed to creating a more inclusive sport culture in B.C. to ensure that citizens of all ages and abilities have an opportunity to participate in sport and physical activity.

Highlights from this past year in advancing inclusion in sport include:

- Hosted 75 programs specifically targeting underrepresented groups with 2,611 participants in 12 communities.
- Engaged 1,000 participants in programs tailored specifically for women and girls.
- Targeted Indigenous communities specifically and had 1,250 participants attending events.
- Held 11 Canadian Association for the Advancement of Women and Sport and Physical Activity (CAAWS) leadership workshops in 8 communities. 100 women participated in these educational sessions to better equip themselves as impactful leaders in their communities.
- Partnered with Canucks Autism Network to train 161 new leaders to deliver programs for children with autism.

COMMUNITY CONNECTORS

Collectively, the Regional Alliance members have partnered with 426 local and community organizations to deliver services, programs or educational opportunities that allow more citizens to have access to sport and physical activity opportunities.

- PacificSport Fraser Valley formed an innovative partnership with University of the Fraser Valley to support healthy living and sport in the Fraser Valley. This new partnership will offer experiential learning opportunities to students as athletic trainers, in athlete led leadership programs and through participation in research.

- Fortius Sport & Health launched the KidsMove program to help nine to twelve year olds develop physical literacy skills and healthy lifestyle habits. This program is a collaboration with the Steve Nash Foundation, Pro Motion Research Institute and Integrated Athlete Development (IAD). Every two hour KidsMove session is provided free of charge to participants and features a special appearance from an elite athlete.
- PacificSport Okanagan partnered with the City of Kelowna to form the Community Sport Delivery Program, which funds and develops sustainable quality coaching and leadership in local sport organizations. To date, this program has impacted over 12,000+ athletes and families in the central Okanagan through individual and team sport organizations.

