

NCCP Multi-Sport Course Information

September 2021

COMPETITION INTRODUCTION							
COURSE	LENGTH excluding breaks (Instructional hours)	LENGTH including breaks (Advertised hours)	ADDITIONAL ROOM NEEDS	PRE-REQUISITE COURSES	PRE-COURSE ASSIGNMENT	POST-COURSE EVALUATION	ADDITIONAL RESOURCES
NCCP Basic Mental Skills	4h	4h 45m	No	No	No	No	No
NCCP Design a Basic Sport Program	4h 45m	5h 30m	No	Recommended: Planning a Practice	No	No	Yes Seasonal Plan (Excel Spreadsheet)
NCCP Make Ethical Decisions	3h 30m	4h	Audio required for video content	No	No	Yes - in the Locker	No
NCCP Planning a Practice	5h 10m	6h	No	No	EAP Online module (can be completed post)	No	No
NCCP Teaching and Learning	4h 45m	5h	Extra space for group activities	No	No	No	No

COMPETITION DEVELOPMENT							
COURSE	LENGTH excluding breaks (Instructional hours)	LENGTH including breaks (Advertised hours)	ADDITIONAL ROOM NEEDS	PRE-REQUISITE COURSES	PRE-COURSE ASSIGNMENT	POST-COURSE EVALUATION	ADDITIONAL RESOURCES
NCCP Advanced Practice Planning	4h 40m	5h	No	Recommended: Performance Planning	No	No	Yes Seasonal Plan (Excel Spreadsheet)
NCCP Coaching and Leading Effectively	8h 40m	9h 30m	No	No	No	No	No
NCCP Developing Athletic Abilities	7h 30m	9h 00m	No	Recommended: Design a Basic Sport Program	Yes (Recommended)	No	Excel worksheet
NCCP Leading Drug Free Sport	3h 30m	4h	No	No	No	Yes - in the Locker	No
NCCP Manage a Sport Program	4h	4h 30m	No	No	No	No	No
NCCP Managing Conflict	4h 30m	5h	No	No	No	Yes - in the Locker	No
NCCP Performance Planning	12h 30m	Two full days	No	Recommended: Design a Basic Sport Program	Yes (Word document)	No	Yes Seasonal Plan (Excel Spreadsheet)
NCCP Prevention and Recovery	7h 20m	8h 30m	Extra space for active movement	No	No	No	No
NCCP Psychology of Performance	7h 30m	8h 30m	No	No	No	No	No

PROFESSIONAL DEVELOPMENT

COURSE	LENGTH excluding breaks (Instructional hours)	LENGTH including breaks (Advertised hours)	ADDITIONAL ROOM NEEDS	PRE-REQUISITE COURSES	PRE-COURSE ASSIGNMENT	POST-COURSE EVALUATION	ADDITIONAL RESOURCES
NCCP Fundamental Movement Skills Presented by TeamSnap	4h 10m	5h	Extra space for active movement	No	No	No	No
NCCP Mentorship	6h 40m	7h 30m	No	No	No	No	No
NCCP Resistance Training *Max. 8 people	3h 30m	4h	Gym / weight room / facilities or exercise equipment	No	No	No	No

COACH DEVELOPER *viaSport and NSO/PSO hosted only*

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NCCP Core Training for Learning Facilitators	6h 30m	7h 30m	Space for group work	No	No	No	No
NCCP Core Training for Coach Evaluators	5h 30m	6h 30m	Space for group work	No	No	No	No
NCCP Core Training for Master Coach Developers	8h	9h	Space for group work	Core Training for LFs, Core Training for CEs	No	No	No