

**PROGRAM GUIDELINES:**  
**BC GAMES COACH MENTORSHIP PROGRAM**  
**2018 BC WINTER GAMES**

The BC Games Coach Mentorship Program is a partnership between viaSport and the BC Games Society. It is designed to assist coaches in enhancing and developing their coaching skills in pursuit of coaching certification.

Participants in the program will receive access to two educational webinars, full accreditation as coaches for their sport and zone at the BC Games, travel to/from and accommodation at the BC Games and up to 5 NCCP Professional Development points towards maintaining their NCCP Certification.

Coaches interested in serving as a mentor, as well as those interested in being an apprentice coach, should contact their Provincial Sport Organization (PSO). Applications are submitted by PSOs and PSOs may be able to assist with matching apprentices and mentors.

## **PROGRAM PARAMETERS**

- The program is self-directed with the mentor and apprentice developing their own way of working together.
- Twenty apprentice-mentor pairings are available for each of the 2018 BC Winter and BC Summer Games. The program is flexible allowing mentors to support more than one apprentice.

## **PROFESSIONAL DEVELOPMENT OPPORTUNITIES**

- Welcome Webinar with viaSport & BC Games Society (1-hour)
- Mentorship Training Webinar (2-hours)
- Apprentice Leadership Training Webinar (2-hours)

## **BENEFITS**

### *PSO*

- Flexibility to allow PSOs to find the best within their coach development plans.
- The opportunity to bring additional coaches to the Games.

### *Apprentice Coach*

- A multi-sport Games experience.
- Enhanced coaching skills.
- Self-directed; the mentor and apprentice will find their own process and system for working together.
- Apprentice Leadership Training Webinar (2 NCCP PD points awarded).
- Full accreditation as a coach from their sport and zone at the BC Games.
- Travel to/from, as well as accommodation, and meals at the BC Games provided by the BC Games Society.
- Attendance at the Games provides opportunities for apprentices to put their acquired knowledge and skills into action.
- Potential to receive up to 5 NCCP PD credits towards maintaining their NCCP certification.
  - Welcome Webinar with viaSport & BC Games Society (1 PD points awarded).
  - Apprentice Leadership Training Webinar (2 NCCP PD points awarded).
  - Goal Setting Worksheet (1 NCCP PD point).
  - Post-Games program evaluation (1 NCCP PD point).

### *Mentor Coach*

- Enhanced coaching skills.
- Mentorship Training Webinar (2 NCCP PD points awarded).
- Self-directed; the mentor and apprentice will find their own process and system for working together.
- The opportunity to help develop more coaches in your sport.
- Full accreditation as a coach from their sport and zone at the BC Games.
- Travel to/from, as well as accommodation, and meals at the BC Games provided by the BC Games Society.
- Potential to receive up to 5 NCCP PD points towards maintaining their NCCP certification.
  - Welcome Webinar with viaSport & BC Games Society (1 NCCP PD point awarded).
  - Mentorship Training Webinar (2 NCCP PD points awarded).
  - Goal Setting Worksheet (1 NCCP PD point).
  - Post-Games program evaluation (1 NCCP PD Point).

## **ELIGIBILITY**

### *PSO*

- Must be a sport in the 2018 BC Winter Games – [see list here](#).

### *Apprentice Coach*

- Interested in coaching a sport in the BC Games.
- Must be a resident of BC.
- Must have completed NCCP Making Ethical Decisions (MED) course before attending the Games.
- Must provide proof of having completed a criminal record check in the previous 6 months.
- The program is open to male and female apprentices and male and female mentors.

### *Mentor Coach*

- Must be a resident of BC.

- Must be a certified NCCP coach (Competition-Introduction or higher).
- Must provide proof of having completed a criminal record check in the previous 6 months.
- The program is open to male and female apprentices and male and female mentors.

## EXPECTATIONS

### *PSO*

- The PSO must submit the application on behalf of the mentor or apprentice coach.
- Define the role apprentices and mentors will have at the Games (including access to field of play).

### *Apprentice & Mentor Coach*

Apprentice and Mentor Coaches are **expected to spend approximately 6-10 hours** dedicated to this program before attending the BC Games. This can include establishing the mentor-apprentice relationship, goal setting, practice/training times, etc.

### *Apprentice Coach*

- Work with the mentor to establish the parameters of the mentorship relationship, including goal-setting, training times, etc.
- Attend the 1-hour Welcome Webinar with viaSport & BC Games Society (date TBD).
- Attend the 2-hour Apprentice Leadership Training Webinar (date TBD).
- Attend the BC Games in the sport in which they are being mentored.
- Complete the Goal Setting Worksheet with their mentor.
- Completion of a post-Games program evaluation as well as a summary for the status report on the goals set with the mentor.

### *Mentor Coach*

- Work with the apprentice to establish the parameters of the mentorship relationship, including goal-setting, training times, etc.
- Support the apprentice in their coaching and planning for the Games.
- Attend the 1-hour Welcome Webinar with viaSport & BC Games Society (date TBD)
- Attend the 2-hour Mentor Training Webinar (date TBD)
- Create opportunities to include the apprentice in preparations for the Games and coaching the athletes/team.
- Complete the Goal Setting Worksheet with their mentor.
- Ideally the Mentor Coaches will also attend the BC Games in the sport for which they are serving as a mentor (apprentice coaches must attend).
- Provide constructive feedback and support to the apprentice.
- Completion of a post-Games program evaluation as well as a summary for the status report on the goals set with the apprentice.